



# Co-producing the FZ track of Lisbon Addictions

23 October 2019



Futurize is co-financed by grant N° 806964 under the European Union's DG Justice Programme "Drugs Policy Initiatives"  
- Supporting initiatives in the field of drugs policy (JUST-2017-AG-DRUGS) from 01/10/2018 to 31/3/2020.

# What foresight has to offer...



Foresight is:

**“a universal human capacity which allows people to think ahead and consider, model, create and respond to, future eventualities”**

(Foresight International, 2006)

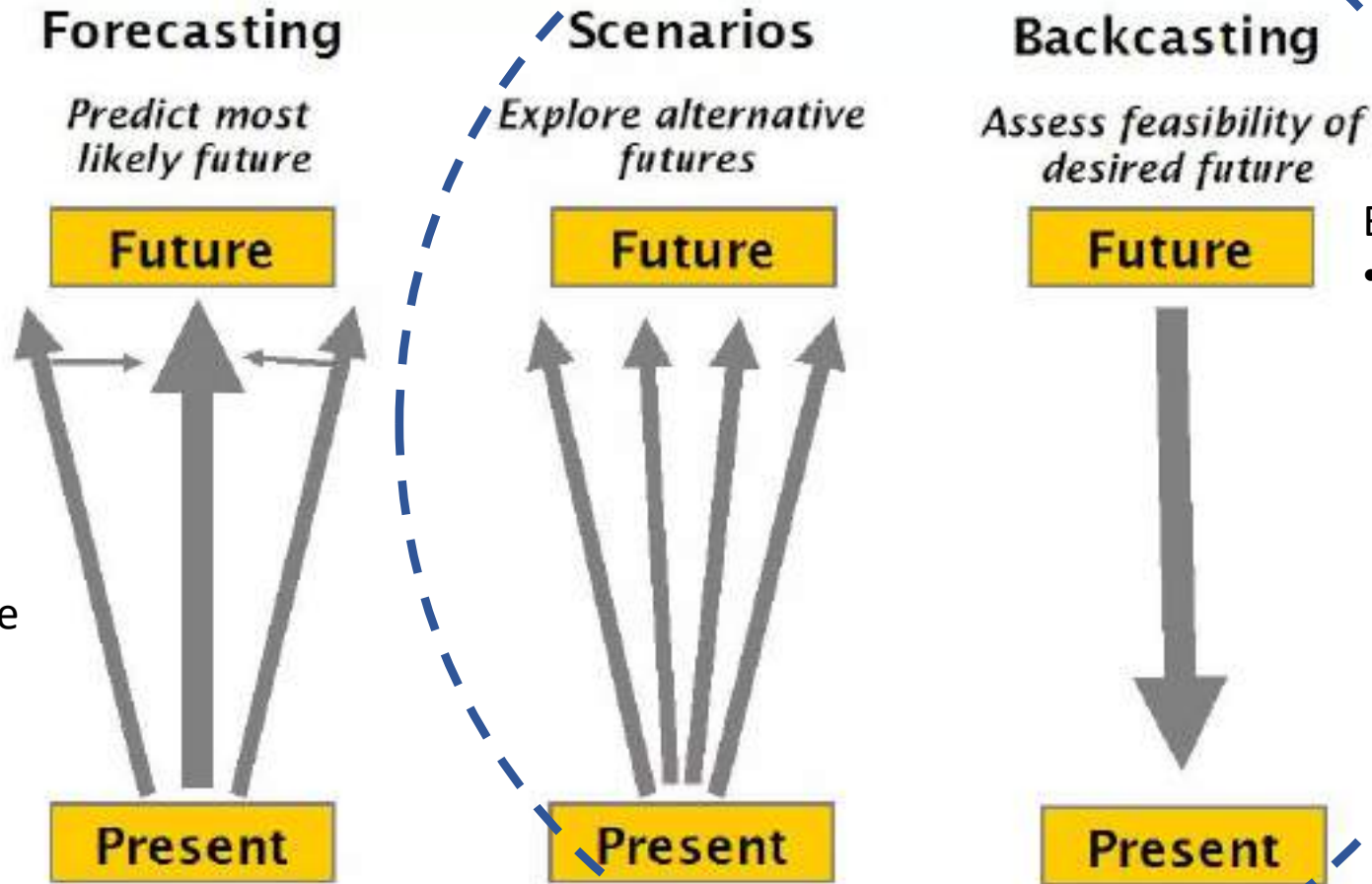
The future is **uncertain** by default – our view is conditioned by...

- ...what we know
- ...what we think we know
- ...what we know that we don't know
- ...what we don't know that we don't know

**Futures-ready strategy** - flexible to respond quickly and effectively to the challenges and uncertainties of the future

# What foresight has to offer...

## FUTURES APPROACHES AND METHODS



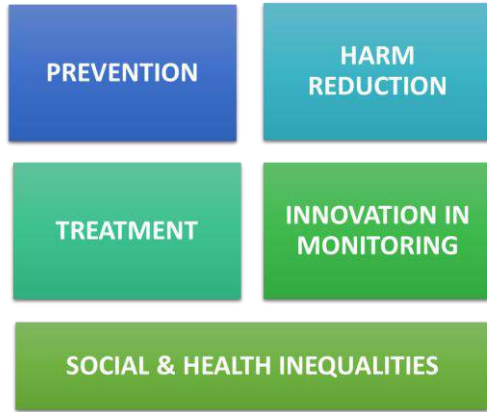
- Backcasting exercise:
- point of departure is a desired future

Forecasting and Scenario development:

- point of departure is the present situation and dominant trends

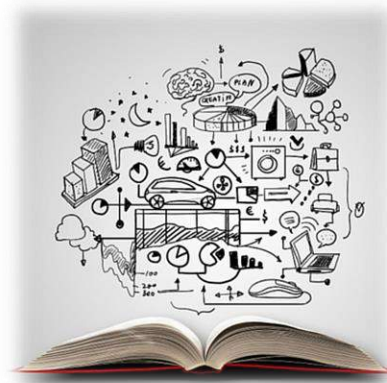
# The Futurize process

FZ Online Consultation Survey  
(Jan-Feb):  
12 topics\* → 5 priority areas,  
drivers & issues



FZ Co-creation Workshop  
(28-29 Mar):

Future elements  
emerging from the  
scenario co-creation:



**LISBON**  
**ADDICTIONS**  
**2019**

Third European Conference on Addictive Behaviours and Dependencies



5 strands of the FZ conference track  
coming out of the FZ co-creation  
workshop



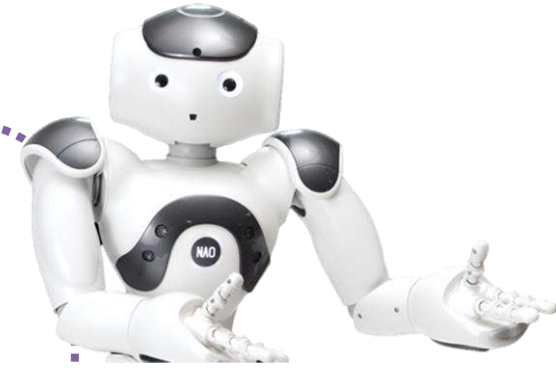
## Digitalisation



Wed 23 Oct 10:50 – 12:20  
**Addiction in a digitalised world –  
FZ Thought Leaders' Round Table Session**  
Aud VIII – Futures Zone 1

FZ Technology corner –  
**Hands-on expo / guided  
tours Discussions & Demos**

- Mobile apps
- Virtual Reality
- MI Robots
- Wearables



Wed 23 Oct 13:20 & 16:50  
**FZ Digital Health Game-Jams**  
Workshop with serious game format  
on ideation and co-design of d-health  
solutions



## Digitalisation

Teams compete to put together a gamified solution aimed at tackling addiction problems in the younger **digitalised generation**

**Network** with other conference participants from multiple sectors

Pick up techniques and learn about **gamification** tools and concepts

Register online for one of the workshops at **eventbrite/futurize** or sign up with one of the FuturiZe team at the end of the session or in the **Futures Zone**

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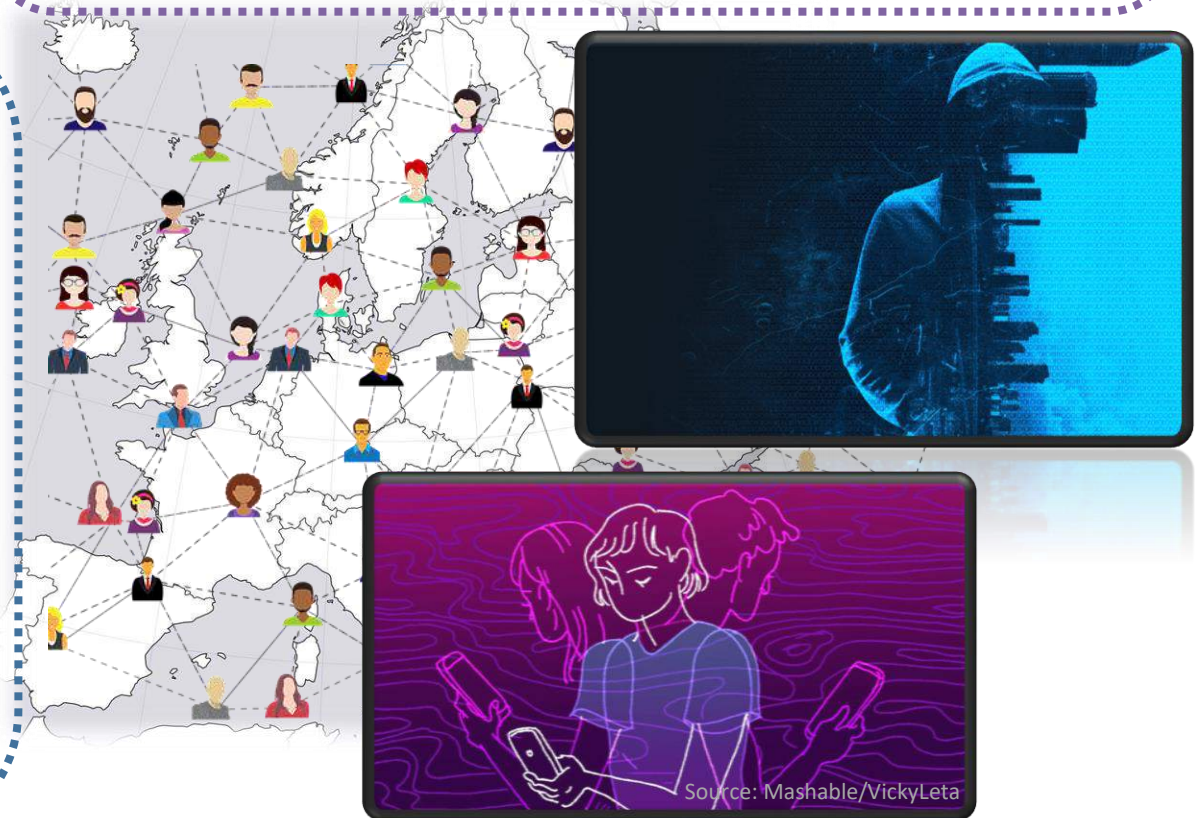


## Innovative communication



Wed 23 Oct 15:00 – 16:30  
**Innovative communications –  
FZ Thought Leaders' Round Table Session**  
Aud VIII – Futures Zone 1

FZ Technology corner –  
Terrace room – Futures Zone 2  
**Hands-on expo / Discussions & Demos**  
▪ **Live Darknet drug purchase monitoring**





## Big data



Wed 23 Oct 16:50 – 18:20

**Big Data and Innovative Monitoring –  
FZ Thought Leaders' Round Table Session**

Aud VIII – Futures Zone 1

FZ Technology corner –  
Futures Zone 2

Hands-on expo /  
Discussions & Demos

- Data gathering through apps
- Live analysis of Darknet drug purchases
- digital monitoring experience

Thurs 23 Oct 13:20 & 16:50  
**FZ EU Future Research Project  
Game-Jam**

Workshop using serious game  
format for participatory design of  
future research projects







## Stimulating the brain



Thurs 24 Oct 10:50 – 12:20

**Stimulating the brain –  
FZ Thought Leaders' Round Table Session**  
Aud VIII – Futures Zone 1

FZ Technology corner –  
Futures Zone 2

### Hands-on expo / Discussions & Demos

- Trans-cranial magnetic stimulation (TMS)
- digital feedback experience





## Safer drugs?



Thurs 24 Oct 15:00 – 16:30

**Safer drugs? -**

**FZ Thought Leaders' Round Table Session**

Aud VIII – Futures Zone 1

FZ Technology corner –

Futures Zone 2

Hands-on expo /

Discussions & Demos

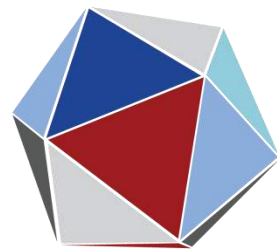
- Drug-checking to reduce harm
- Motivational Interviewing Robot
- Analysis of on-going Darknet drug purchases





# Outputs of the FuturiZe project

- *FZ conference strand*: A **series of interactive sessions** which focus on **key cross-cutting aspects of future scenarios** in the field of drugs and behavioural addictions
- **Networking activities** in Lisbon Addictions 2019 (23-25 October 2019)
- **Bursaries** for around 120 multi-sectoral professionals, who would otherwise not be able to attend the Lisbon conference
- **Addictions Foresight Network** – multi-sectoral professionals working in addictions with a future-oriented perspective



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Thanks and see you in the Futures zone

[www.lx-futurize.eu](http://www.lx-futurize.eu)

